Testing For Brown Belt White Stripe Advanced 4th Kup

Bone kwan MAIN SCHOOL

Jee kwan REGIONAL HEAD QUARTERS

Boon kwan BRANCH SCHOOL

Yoo dan jah STUDENT BLACK BELT Yoo kup jah STUDENT COLOR BELT Moo kup jah STUDENT WHITE BELT

LIFE SKILL WORD

RESPONSIBILITY

PRIDE IS RESPONSIBILITY. BEING ACCOUNTABLE FOR WHAT YOU DO. ACCEPTING PRAISE OR PUNISHMENT FOR YOUR ACTIONS. DON'T MAKE EXCUSES INSTEAD FIND SOLUTIONS.

Testing For Brown Belt 3rd Kup

Kup GRADE DEGREE

Kee cho hyung BASIC FORMS

Dol poong STRONG WIND / UNEXPECTED

Chung sahn BLUE MOUNTAIN

Bee ho FLYING TIGER

LIFE SKILL WORD

INTEGRITY

PRIDE IS INTEGRITY. FIRM ADHERENCE TO A CODE OF MORAL VALUES: BEING UNDIVIDED AND HONEST. ONE OF SEVERAL PATHS THAT DISTINGUISHES ITSELF FROM THE OTHERS BECAUSE IT IS THE RIGHT PATH OR CHOICE-DOING WHAT IS RIGHT NO MATTER WHAT OTHERS MIGHT SAY. ALWAYS BE TRUE TO YOUR WORD AND YOURSELF.

Testing For Red Belt White Stripe 2nd Kup

Shee bun kyung ghee EXHIBITION Kyuk pah BREAKING

Jung myun FRONT Wee ABOVE

Ahn jeh SIT DOWN Suh STAND UP

Bakeh seh aneh ro cha kee OUTSIDE TO INSIDE KICK

LIFE SKILL WORD

EFFORT

EFFORT IS PRIDE. GIVING YOUR EVERYTHING YOU HAVE TO EVERYTHING YOU DO. ALWAYS TRY YOUR BEST AND YOU WILL BE SUCCESSFUL. DON'T WASTE YOUR TIME.

Testing For Red Belt Advanced 2nd Kup

HA NA	_	1	IL –	1 ST
DOOL	_	2	YI –	2^{ND}
SET	_	3	SAM -	3^{RD}
NET	_	4	SAH -	4^{TH}
DA SUT	_	5	OH -	5 TH
YA SUT	_	6	YUK -	6 TH
IL KUP	_	7	CHIL -	7^{TH}
YUH DUL	_	8	PAL -	8 TH
AH HOP	_	9	KOO -	9^{TH}
YUL	_	10	SIP -	10 TH

AND ALL PREVIOUS TERMINOLOGY

LIFE SKILL WORD

DETERMINATION

The power to hold on in spite of everything. The ability to face challenges again and again without giving up. To do anything and everything to reach your goal.

Testing For Black Belt White Stripe 1st Kup

Eel soo seek dai ryun ONE STEP SPARRING

Jah yoo dai ryun FREE SPARRING

Pak ka kwan FORM CENTRAL TO THE U.T.F.

Cheel sung hyung SEVEN STARS

Ee dan JUMPING

Go dan jah STUDENT 4TH DAN & UP

AND ALL PREVIOUS TERMINOLOGY

LIFE SKILL WORD

RECITE THE ENTIRE STUDENT CREED

Testing For Black Belt White Stripe w/Black Tip Advanced 1st Kup

Yool HA NA **ELEVEN** Yool DOOL TWELVE Yool SET THIRTEEN Yool NET **FOURTEEN** Yool DA SUT FIFTEEN Yool YA SUT SIXTEEN Yool IL KUP SEVENTEEN Yool YUH DUL EIGHTEEN Yool AH HOP NINETEEN Moo SOOL **TWENTY**

AND ALL PREVIOUS TERMINOLOGY

LIFE SKILL WORD

RECITE THE ENTIRE STUDENT CREED

Testing For 1st Degree Black Belt

KNOW THE MEANING OF ALL LIFE SKILL WORDS

RESPECT CONCENTRATION

SELF-CONTROL GOAL SETING

GRATITUDE ATTITUDE

EFFORT COMMITMENT

HUMILITY PERSERVERENCE

RESPONSIBILITY INTEGRITY

DETERMINATION

AND ALL PREVIOUS TERMINOLOGY

LIFE SKILL WORD

RECITE THE ENTIRE STUDENT CREED!